

LEARN KRIYA YOGA MEDITATION



Mahavatar
Babaji

Lahiri
Mahasaya

Swami
Shriyukteshwar

Bhupendranath
Sanyal

Paramahansa
Yogananda

Swami
Satyananda

Paramahansa
Hariharananda

Paramahansa
Prajnanananda

Australia Kriya Yoga Association invites you to learn the authentic Kriya Yoga passed on by an unbroken lineage of realised Masters.

For generations Kriya teachings have been handed down a lineage which was started by Mahavatar Babaji in 1861, when he re-introduced Kriya Yoga to modern times through his disciple Lahiri Mahasaya.

Kriya yoga is a relatively quick and easy non-sectarian path to reach higher states of consciousness and change your life by developing mind, body, intellect and awareness of the soul. Based on the science of breath,

Kriya Yoga provides a very powerful technique of meditation that greatly enhances all spiritual practice.

The Kriya Yoga techniques are passed on only by word of mouth from an authorised teacher directly to the student.

During Kriya initiation the chakras are purified and infused with the triple divine qualities of light, sound and vibration before the techniques are taught.

INITIATION PROGRAMME

An initiation programme comprises of a free information evening followed by a two day programme of initiation, teaching and practice. Programmes and weekly meditation are held regularly in major capital cities.

Visit our website for full details. Web address and contact details are at the bottom of the page.

The initiation programme will be conducted by Swamis Gurupriyananda and Sarvatmananda under the authorisation of the Kriya Yoga master, Paramahansa Prajnanananda.



Paramahansa Prajnanananda is a realised yogi and current head of the Kriya Yoga International Organizations. He is a disciple and sole successor of the great master, Paramahansa Hariharananda, a God-realised Kriya Yogi who was a direct disciple of Shriyukteshwar and Paramahansa Yogananda.



Swami Gurupriyananda an authorised teacher of Kriya Yoga, will be conducting the initiations and teaching the technique.

In 1996 she was initiated into Kriya Yoga. In 2012 she was initiated into monkhood by Paramahansa Prajnanananda.

She is now based in Australia at our new Sydney ashram.



Swami Sarvatmananda an authorised teacher of Kriya Yoga, will be conducting the initiations and teaching the technique.

In 1994 she was initiated into Kriya Yoga. In 2012 she was initiated into monkhood by Paramahansa Prajnanananda.

She is a resident monk at our new Australian ashram in Sydney.

For more information

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